

Curriculum Overview Health and Social Care– Holly Lodge Girls’ College

Year 12 – Extended Certificate in Health and Social Care		
Title	Curriculum content	Assessment
<p><b>Unit 1 Human Lifespan Development</b></p> <p><b>Learning aim A</b>  <b>Human growth and development through the life stages</b></p>	<p>Growth and development across the life stages.</p> <p>Infancy (0-2 years)</p> <p>Early childhood (3-8 years)</p> <p>Adolescence (9-18 years)</p> <p>Early adulthood (19-45 years)</p> <p>Middle adulthood (46-65 years)</p> <p>Late adulthood (65+ years)</p> <p>Different types of development:</p> <p>Physical development</p> <p>Intellectual development</p> <p>Emotional development</p> <p>Social development</p> <p>Language development</p>	<p>Mock exams</p> <p>DIRT</p> <p>May Exam</p>

<p><b>Unit 1 Human Lifespan Development</b></p> <p><b>Learning aim B</b>  <b>Factors affecting human growth and development</b></p>	<p>Different factors that can affect growth and development:</p> <ul style="list-style-type: none"> <li>• Genetic factors: (nature/nurture debate)</li> <li>• Social factors</li> <li>• Environmental factors</li> <li>• Economic factors</li> <li>• Major Life Events that affect development</li> </ul>	<p>Mock exams</p> <p>DIRT</p> <p>May Exam</p>
<p><b>Unit 1 Human Lifespan Development</b></p> <p><b>Learning aim C</b>  <b>Effects of ageing</b></p>	<p>Different aspects of the ageing process</p> <p>Physical effects of ageing  Psychological effects of ageing  Societal effects of ageing</p>	<p>Mock exams</p> <p>DIRT</p> <p>May Exam</p>
<p><b>Unit 5: Meeting Individual Care and Support Needs</b></p> <p><b>Learning aim A</b>  <b>Examine principles, values and skills which underpin meeting the care and support needs of individuals</b></p>	<p>Promoting equality, diversity and preventing discrimination</p> <ul style="list-style-type: none"> <li>• Definition of equality, diversity and discrimination.</li> <li>• Importance of preventing discrimination.</li> <li>• Initiatives aimed at preventing discrimination in care, e.g. the use of advocacy services.</li> </ul>	<p>Pearson Assignment Briefs</p> <p>DIRT</p> <p>July hand in</p>

	<p>Skills and personal attributes required for developing relationships with individuals</p> <ul style="list-style-type: none"><li>• the 6Cs – care, compassion, competence, communication, courage and commitment</li><li>• people skills – empathy, patience, engendering trust, flexibility, sense of humour, negotiating skills, honesty and problem-solving skills</li><li>• communication skills – communicating with service users, colleagues and other professionals</li><li>• observation skills, e.g. observing changes in an individual's condition, monitoring children's development</li><li>• dealing with difficult situations.</li></ul> <p>Empathy and establishing trust with individuals</p> <ul style="list-style-type: none"><li>• Attachment and emotional resilience theory</li><li>• The triangle of care.</li><li>• Empathy theories</li></ul>	
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<p><b>Unit 5: Meeting Individual Care and Support Needs</b></p> <p><b>Learning aim B</b>  <b>Examine the ethical issues involved when providing care and support to meet individual needs</b></p>	<p>B1 Ethical issues and approaches in health and social care</p> <ul style="list-style-type: none"> <li>• Ethical theories</li> <li>• Managing conflict with service users, carers and/or families, colleagues</li> <li>• Managing conflict of interests</li> <li>• Balancing services and resources</li> <li>• Minimising risk but promoting individual choice and independence for those with care needs and the professionals caring for them.</li> <li>• Sharing information and managing confidentiality</li> </ul> <p>Legislation and guidance on conflicts of interest, balancing resources and minimising risk</p>	<p>Pearson Assignment Briefs</p> <p>DIRT</p> <p>July hand in</p>
<p><b>Unit 5: Meeting Individual Care and Support Needs</b></p> <p><b>Learning aim C</b>  <b>Investigate the principles behind enabling individuals with care and support needs to overcome challenges</b></p>	<p>Enabling individuals to overcome challenges</p> <p>Promoting personalisation</p> <p>Communication techniques</p>	<p>Pearson Assignment Briefs</p> <p>DIRT</p> <p>July hand in</p>

<p><b>Unit 5: Meeting Individual Care and Support Needs</b></p> <p><b>Learning aim D</b>  <b>Investigate the roles of professionals and how they work together to provide the care and support necessary to meet individual needs</b></p>	<p>How agencies work together to meet individual care and support needs</p> <p>Roles and responsibilities of key professionals on multidisciplinary teams</p> <p>Maintaining confidentiality</p> <p>Managing information</p>	<p>Pearson Assignment Briefs</p> <p>DIRT</p> <p>July hand in</p>
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