

4/10/20

### **Advice for Year 7 Students to Self-Isolate**

Dear Parent or Carer,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within Year 7. I apologise for the lateness of this notification but we received the result only a short time ago.

We have followed the national guidance and have identified that your daughter has been in close contact with the individual concerned who was last in school on Friday 2 October. In line with the national guidance your daughter is now required to stay at home and self-isolate up to and including Friday 16 October, **returning to school on Monday 19 October 2020.**

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your daughter is well at the end of the period of self-isolation, then they can return to usual activities. A negative test does not mean that your daughter can return to school earlier than the date stated above.

Other members of your household can continue normal activities provided your daughter does not develop symptoms within the 14 day self-isolation period.

Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

### **What to do if your daughter develops symptoms of COVID 19**

If your daughter develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared as advised in

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

You should arrange for testing for your daughter/son via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or 111.nhs.uk or primary care

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

## **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your daughter does develop symptoms, you can seek advice from NHS 111 at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 119.

## **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Mr A Keen  
Headteacher

## **Continuity of Work**

We will continue to set work for Year 7 which will move them on in their learning.

Work will be set in two phases during the time of self-isolation.

### **Phase 1 – Monday 5/10 to end of Wednesday 7/10**

Work will be set through Show My Homework (Satchel). This will be new or continuing work which will need completing by the students when they are off. The link to this is available on our website

<http://www.hollylodge.liverpool.sch.uk/>

This may also include links to Google Classroom, which is our solution for providing 'Live' learning in the long term. (Please see below)

### **Phase 2 – Thursday 8/10 to end of Friday 16/10**

Work will be set through Google Classroom. This will include standard tasks and assignments as well as 'live' teaching of new material to ensure continuity of learning.

We will publish the timetable for this on our school website on Wednesday evening and will also email you a copy.

All students in Year 7 have completed a Google Classroom induction where they learned how it works, how to access the various resources and have transferred much of their work over to Google Drive. This means that they can access this work from anywhere on any internet enabled device. We will shortly publish on our website our distance learning guide for students which details how they access these various resources.

We are very sad to have to take these steps, especially when Year 7 have been settled so well since we restarted in September, but the guidelines and the situation mean that we have no alternative.

Both Show my Homework and Google Classroom will make it very straightforward for all students to access their learning during this time and we thank you for your support in ensuring that your daughter remains full engaged when she is off.

If you have issues accessing the work, please do not hesitate to contact us on [September@hollylodge.liverpool.sch.uk](mailto:September@hollylodge.liverpool.sch.uk).

**EXPECT  
TO ACHIEVE**

