

2/10/20

Advice for Year 12 Students to Extend Period of Self-Isolation

Dear Parent or Carer,

Since the current period of self-isolation for Year 12 began last week we have had another positive test amongst the Year 12 student body. This student was last in school on Friday 2/10 and developed symptoms after school on that day. Therefore, I am afraid that the period of self-isolation for Year 12 will have to be extended to 14 days from that date. **This means that Year 12 will now return to school on Monday 19th October.**

We are in the process of further improving our Covid security in the 6th Form bubbles and will write to you in due course to set out the steps we have taken.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your daughter/son is well at the end of the period of self-isolation, then they can return to usual activities. A negative test does not mean that your daughter/son can return to school earlier than the date stated above.

Other members of your household can continue normal activities provided your daughter/son does not develop symptoms within the 14 day self-isolation period.

Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

What to do if your daughter/son develops symptoms of COVID 19

If your daughter/son develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared as advised in

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

You should arrange for testing for your daughter/son via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or 111.nhs.uk or primary care

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your daughter/son does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 119.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Continuity of Lessons

Lessons will continue online. If your daughter/son needs resources to help get her online please contact school as soon as possible.

Yours sincerely,

Mr A Keen
Headteacher